












ANNUAL REPORT

2019 – 2020

Calendar of Cancer Awareness Months			
January Cervical Cancer Awareness 	February National Cancer Prevention Month Gallbladder and Bile Duct Cancer Awareness 	March Colorectal Cancer Awareness Kidney Cancer Awareness Multiple Myeloma Awareness 	April Testicular Cancer Awareness Esophageal Cancer Awareness Head and Neck Cancer Awareness 
May Melanoma and Skin Cancer Awareness Brain Cancer Awareness 	June National Cancer Survivor Month 	July Sarcoma Awareness Bladder Cancer Awareness 	August
September Childhood Cancer Gynecological Cancer Leukemia/Lymphoma Ovarian Cancer Prostate Cancer Thyroid Cancer Awareness 	October Breast Cancer Awareness Liver Cancer Awareness 	November Pancreatic Cancer Lung Cancer Stomach Cancer Carcinoid Cancer Awareness Caregivers Month 	December 



Cancer Action Victoria would like to acknowledge that we come together on the traditional lands of the Wurundjeri people of the Kulim Nation. Cancer Action Victoria acknowledges the Traditional Owners of the land and waters throughout Victoria and pays respect to them, their culture and their Elders past, present and emerging.

Cancer Action Victoria Inc.
 PO Box 228, Geelong 3220
admin@canceractionvic.org.au
 ABN 84971507717
 REG No. A0049010V

About Cancer Action Victoria:

Purpose

Cancer Action Victoria advocates for Quality Care. We identify issues that are important to Victorians affected by Cancer and Advocate for Action to address them.

Our Goals for 2018 – 2021

- Goal 1 To identify and plan ways in which Cancer Action Victoria (CAV) can partner successfully with key stakeholders moving forward.
- Goal 2 To establish strategies to cross-collaboratively empower and encourage further active Consumer involvement.
- Goal 3 To agree and define clear communication and marketing messaging encompassing shared goals of CAV and key stakeholders.

Committee 2019-2020

President: Mrs Marilyn Dolling
Vice President: Jim Cormack
Treasurer: Mrs Sandra Anderson
Secretary: Marie Craw
General Committee: Mrs Gayle Newbury
 Mrs Denise Horsey
 Natalia Dewiyani
 Ian Dennis
 Esther Xu

I think it is safe to say that 2020 is a year that none of us will ever forget. From bushfires to COVID-19, this year has certainly provided its fair share of challenges and I, for one, could not be any prouder of everything that our sector has done to support local communities over the past twelve months. I know that all of us are hoping that 2021 will prove far less challenging, but until most Australians are vaccinated against COVID-19, I fear that we are in for another few months of apprehension and uncertainty. This has certainly taught us some important lessons. Spend time with the people you love. Spend time doing the things that bring you joy. Be proud of what you have achieved over the past 12 months. Be proud of who you are and what you have learned and achieved.

Sandra Anderson - Treasurer



ANNUAL GENERAL MEETING CANCER ACTION VICTORIA

Tuesday, 23rd February 2021
At Cancer Council Victoria.
615 St Kilda Road, Melbourne at 4pm

Our AGM is a time to celebrate and reflect on the achievements over the past 12 months and look forward to the year ahead. It is an opportunity to network and meet with other members

AGENDA

- Acknowledgement of Country
- Welcome
- Apologies
- Confirmation of the Minutes of the 2019 AGM
- President's Report 2019-2020
- Treasurer's Report 2019-2020
- Appointment of Auditor for 2020-2021
- Election of 2020-2021
- Declaration of the result of the Committee election
- Guest Speakers: Will be any member that would like to say something.
- Close of the meeting
- Travel Safe

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MINUTES

ANNUAL GENERAL MEETING CANCER ACTION VICTORIA

Tuesday, 10th October 2019

At THE CANCER COUNCIL VICTORIA 615 St Kilda Road, Melbourne at 4pm

- 1. OPENING AND WELCOME:** We would like to acknowledge that we come together on the traditional lands of the Wurundjeri people of the Kulim Nation. Cancer Action Victoria acknowledges the Traditional Owners of the land and waters throughout Victoria and pays respect to them, their culture, and their Elders past, present and emerging.

Marilyn Thanked everyone that has helped her over the past 12 months. Especially at the time before and after of her husband Roger's passing. Thank you also to Sally Ann Ryan and everyone at CCV. Marilyn also thanked Sandra Anderson with a small gift for all her help over the past 4 months.

- 2. Present:** Marilyn Dolling, Sandra Anderson, Maurice Anderson, Mary Macheras-Magias, Ian Dennis, Denise Horsey, Natalia Dewiyani, Jim Cormack, Kerri Easton, Esther Xu.

Apologies: Gail Newbury, Pam Williams, Amanda Proposch, Stacey Bond (PHN Gippsland), Angela Verda, Anna Mascatti, Melissa Shand (NEMICS), Dawn Quarrell, Dr Susan Hanson (Cancer Australia), Irene Halligan, Irene Moravski, Judy Margolis (Mestatic Breast Cancer Support Group), Kathleen Wilkins, Kathy Wells (Breast Cancer Network Australia), Margaret Watts, Marie Crow, Mei Krishnasamy (Melbourne University), Professor John Zalberg (Monash university), Rosemary Bambery, Stacey Baltetsch, Ashley Baltetsch, Kathleen Wilkins, Jann Skinner & Sandra Kraft.

- 3. Confirmation of the Minutes** of the Annual General Meeting 10th November 2018.

Moved: Denise Horsey. Sec: Ian Dennis.

"That the previous Annual General Minutes 10th November 2018 be accepted". Carried

- 4. Presidents Report:** Marilyn Dolling As written.

Moved: Denise Horsey. Sec: Ian Dennis.

"That the President's report be accepted". Carried

- 5. Receipt of the Financial Statement for the Financial Year**

Moved: Sandra Anderson Sec: Ian Dennis.

"That the Financial Report for 1st July 2018 to 30th June 2019 be accepted". Carried

- 6. Nomination of Auditor for 2019/2020**

Moved: Sandra Anderson Sec: Maurice Anderson

"That Mann, Smith & Associates be accepted as Auditor for 2019/2020" Carried.

- 7. Election of the members of the Committee** for 2019/2020.

Marilyn then stepped down as President and handed the meeting to the returning officer Kerri Easton to take over the Chair.

Kerri Easton officiates as returning officer & declares all positions vacant.

Nominations were called under Rule number 51.1 (a) & (b) of Cancer Action Victoria Inc. Rules of Incorporation. **Nominations are:**

President Marilyn Dolling,

Vice President – 2 Nominations - Jim Cormack or Ian Dennis

Ian Dennis withdrew his nomination. Jim Cormack declared elected as Vice President.

Secretary Marie Crow

Treasurer Sandra Anderson

Ordinary Members, Gayle Newbury, Denise Horsey, Natalia Dewiyani, Ian Dennis

Kerri Easton then declared those people to be elected and she said she would like to thank the new Committee for accepting the challenge of guiding Cancer Action Victoria through the coming year. She said that as that completes my duties I would like to hand over to the Chair-elect, Marilyn Dolling.

Jim Cormack introduced himself and spoke about his history and why he joined CAV.

Guest Speakers – Natalia Dewiyani – The Happiest & Huggiest Patient. Happiness Coach, Mindfulness Mediator. 2 times Cancer Crusher. Ewing Sarcoma 2015 & Melanoma 2016.

Meeting Closed & everyone is invited to stay and Network together over Coffee and Afternoon Tea.

Meeting Closed 3.05pm and Chair advised everyone to please Travel Safe.

Cancer Action Victoria Annual Report 2019-2020

Marilyn Dolling President

Cancer Action Victoria held its last AGM early in 2020 due to several challenging circumstances including the health of some members families and the death of my own husband from Acute Myeloid Leukaemia. As we stated in that last report, "We are a small committee, each with the normal personal challenges of a person affected by cancer we been faced and challenged by how different people have been affected and how they need to be supported. We also shared how our personal experiences can mean richer advocacy, but we have recognised that we need to learn and pass on the importance of self-care both as committee members but also in our education and advocacy."

We had plans to rebuild, looking forward to reengaging with people who had a valuable input into our CAV Community. Little did we know that at the same time of our next scheduled meeting that our world as we knew it would be suddenly changed with the outbreak of COVID. As we've all experienced, without warning everyone whether individuals, organisations, Health services, Education facilities & Government Departments were placed in a situation never faced before. For people affected by Cancer it also meant a huge change to treatment, care, and support. It also meant that many of us had changed responsibilities with working from home, home schooling, support of individuals by phone. Across the Nation, scheduled meetings changed or were cancelled and use of Zoom became a new norm in communication. Isolation affected everyone in different ways as we learned to adapt and keep safe.

For CAV it meant that many of the aims we had planned at the beginning of the year were now unattainable in the ways planned. This caused an enforced letting go of face-to-face meetings; no physical face to face training sessions; involvement with our NGOs and partners only by ZOOM or email. This often-meant conflicting time schedules caused by added responsibilities. It also caused a rapid implementation of Telehealth. This was a research area that CAV had been working on regarding Telehealth and the Older patient in partnership with Prof Mei Krisnashamy and her team from Melbourne University. The research explored the views about internet-based e-health information resources. Thankfully, most of the face-to-face focus group meetings with patients were held prior to COVID restrictions. Little did we realise how soon we would be dependent on Telehealth!

During this last year, our Facebook page had daily posts and there was a huge increase of involvement. Posts from Government; Health Services; Cancer Organisations; Health Issues Centre; etc were relayed to Face book users as soon as they were released. We often had the opportunity to respond to users who needed further support or information. It gave us a platform to refer people to the help they needed. It was also a daily opportunity to encourage and support people at a time when their whole world around their cancer journey had changed. We had hoped to get our Newsletter up and functioning properly but due to unforeseen reasons due to COVID, this is still a work in progress.

CAV have also continued to work in Partnership with Cath Devereux, Prof Mei Krisnashamy and team on the Older and wiser project. This project is in the development of a co-designed, online, supportive care resource for older people affected by cancer. This project is still ongoing and is now in Stage 2.

In March, just prior to Isolation restrictions coming into force CAV were represented at the 3rd Victorian Survivorship Conference. It was a wonderful opportunity for networking and an

opportunity to share the project work we have been involved with Melbourne University. Social isolation was just beginning, and it was our last opportunity to meet. Marilyn was included in the Melbourne University Centre for Cancer Research team.

Over the last twelve months, we have continued to be involved with the Australian Cancer Survivorship Centre ASCS, supporting them in the development and provision of information and support for Cancer Survivors and carers. This included participation in Webinars, surveys. One of the results of this has been the development of ASCS's *Common Survivorship Issues Directory*. We were privileged to be included in the important ongoing work of ASCS>

Marilyn received an invitation to be a Global Speaker at the 4th Annual Palliative, Aged, Dementia and Mental Health International Conference, but sadly due to COVID the conference was postponed to a later date.

At the beginning of this year, we were excited about our plans. These seemed to be dashed by the onset of COVID. As a result of the need for social isolation we began our meetings via ZOOM. We also decided to make our meeting bi-monthly during this time. We have no idea when things are going to return to normal or if they ever will. Every committee member has been affected in different ways, some with many unexpected extra responsibilities. We have all been restricted by travel and face to face meetings. I believe we need to reflect on how this has affected us. In some ways it gives us an opportunity to step back and reflect on what is needed. How do we adapted to the changes enforced on all those affected by cancer? Is there a new way to grow and develop so we do not become stagnant and bogged down by the restrictions imposed on us?

In summing up, I believe, the questions we need to ask concerning CAV in coming days are:
How do we make things work in this time of change and isolation?
How do we make sure needs are met especially with the changes COVID has brought?
How do we ensure our voice truthfully reflects the needs of those that we represent?

Is there a new innovative way to grow and develop to enable us to successfully ensure those affected by cancer are represented in the development and implementation of policies and programs for the prevention, diagnosis, treatment, survival issues and research in the area of cancer?

How can our compassion and lived experience motivate us in creative action in the unknown days ahead?

I wish to thank Committee members for their hard work and commitment over past twelve months especially during the time of COVID. To our members, partners and associates we thank you for your support, encouragement and involvement and look forward to working with you in future! Thankyou also to Melbourne University, VCCC and Australian Cancer Survivorship Centre for continued partnerships in your projects. A special thank you to Cancer Council Victoria in your ongoing support during these changing times.



MANN, SMITH & ASSOCIATES

CPA

Public Accountants - Registered Tax Agents
Reg. Tax Agent Number 76229006

CANCER ACTION VICTORIA Inc. Independent Audit Report to Members

To the Members of Cancer Action Victoria Incorporated

Scope

We have reviewed the financial report of Cancer Action Victoria Incorporated for the financial year ended 30 June 2020. The Cancer Action Victoria Incorporated Committee is responsible for the financial report. We have conducted an independent review of the financial report in order to express an opinion on it to the members of Cancer Action Victoria Incorporated

Our review has been conducted to provide reasonable assurance as to whether the financial report is free of material misstatement. Our procedures include examination, on a test basis, of evidence supporting the amounts and other disclosures in the financial report, and the evaluation of accounting policies and significant accounting estimates. These procedures have been undertaken to form an opinion whether, in all material respects, the financial report is presented fairly in accordance with professional reporting requirements in Australia and the Association Incorporation Reform Act 2012.

The review opinion expressed in this report has been formed on the above basis.

Review Opinion

In our opinion, the financial report of the Cancer Action Victoria Incorporated is in accordance with:

the Associations Incorporation Reform Act 2012 and gives a true and fair view of the Cancer Action Victoria Incorporated financial position as at 30 June 2020 and its performance for the year ended on that date.

Signed this day Twelfth day of September 2020



**Richard Sykes CPA
Mann, Smith & Associates**

CANCER ACTION VICTORIA INC

STATEMENT OF INCOME AND EXPENDITURE FOR YEAR ENDED 30th JUNE 2020

		<u>2019</u>
INCOME		
DHS Grants		
Interest - Bank	14,893.64	4,908.88
Badges		
GST Refunds	159.00	
Sundry		0.68
	<hr/>	
	15,052.64	4,909.56
LESS EXPENDITURE		
Postage		23.54
Sundry	-40.90	2.31
Printing & Stationery		80.00
Fees - CAV		
Petty Cash	150.80	
Audit Fees	297.00	260.00
Post Box	201.00	177.28
Insurance - Directors	1,803.00	1,639.10
Projects		14,030.01
Meeting - AGM	130.00	
Catering		1,044.28
Website	1,320.00	8,038.18
Internet Hosting		390.90
Name Badges		
	<hr/>	
	3,860.90	25,685.60
	<hr/>	
<u>NET SURPLUS/(DEFICIT)</u>	11,191.74	-20,776.04

CANCER ACTION VICTORIA INC

BALANCE SHEET AS AT 30th JUNE 2020

MEMBERS FUNDS		\$	<u>2019</u>
Balance as at 1st July 2019	412,875.76		431,712.80
<u>Add Net Surplus/(Deficit) 2019/20</u>	<u>11,191.74</u>		<u>-20,776.04</u>
	424,067.50		410,936.76
<u>Add Prior Period Adjustment - GST Refund</u>	<u></u>		<u>1,939.00</u>
<u>Balance as at 30th June 2020</u>		<u>424,067.50</u>	<u>412,875.76</u>

Represented by

ASSETS

Cash At Bank	10,100.99		10,831.55
Term Deposits			
Account 162487516	52,022.26		51,270.76
Account 162487474	50,579.45		50,579.45
Account 162487441	100,000.00		100,000.00
Account 162487433	<u>211,364.80</u>		<u>200,000.00</u>
	413,966.51		401,850.21
Sundry Debtor - ATO	<u></u>		<u>194.00</u>
		<u>424,067.50</u>	<u>412,875.76</u>

